Professional Resume



DR.S.MUKESH KUMAR

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Career Objective :

Ability to work in team or individually interested in taking challenging tasks. To get into career of which I could use my practical and conceptual skills for the growth of the School & College.

Technical Qualifications :

Diploma in Yoga - Annamalai University
Doctor of martial arts-Global Human Peace University (2023)
International martial arts hall of fame WORLD'S Top 1K of 2019
1st - Degree Black Belt in GTF Taekwondo Canada (2002)
1st - Degree Black Belt in ITF Taekwondo Spain (2010)
2nd - Degree Black Belt in ITF Taekwondo Spain (2013)
1st - Degree Black Belt in WTF Taekwondo Kukkiwon Korea (2016)
3rd - Degree Black Belt in ITF Taekwondo Spain (2017)
4th-Degree black belt in ITF Taekwondo Spain (2022)
5th Degree Black in ITF Taekwondo Spain (2026)
IUC international umpire course (2026)
IIC- International Instructor Course (2013)
IIS - International Instructor Seminar (2014)
IIS - International Instructor Seminar (2015)
IIS - International Instructor Seminar (2017)
IIC- International Instructor course (2021)
IIC international instructor course (2025)

Licensed International Instructor - Certified by ITF Spain
General Secretary of Tamil Nadu (ITF - TAT)
InterNational Referee
Gold Medal - 3rd Asia International Referee
(World of Famous Kicks 360, 540 &720)

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ACHIEVEMENTS

Master of Gold Medal - International Yoga Sport Championship @ Pondicherry

Silver Medal - International Yoga Sport Championship @ Pondicherry

Bronze Medal - International Yoga Sport championship @ Pondicherry

Gold Medal - Tamil Nadu State Yogasana @ Chennai

Gold Medal - 27th State Level Yogasana Competition

Gold Medal - 5th Tamil Nadu State Level Yogasana Champiionship

Bronze Medal - 29th All India Yoga Championship

Silver Medal - 4th Tamil Nadu State Level Yogasana Championship

108 Rounds of Surya Namaskar @ THE ART OF LIVING Chennai

Gold Medal - 13th National Taekwondo Championship Gujarat

Silver Medal - 14th National Taekwondo Championship Chennai

Gold Medal - 16th National West Bengal Siliguri

13th National Itf taekwondo championship Gujarat -2013 - Gold medal 🥇

7th Tamilnadu State championship -1999 Nagapattinam - Bronze medal

World martial championship -2020 - Gold medal 🥇

1st National taekwondo online championship -2021- Silver medals 🥈

3rd open Asian championship Talkatora stedium- Good medal Umpire

OTHER SKILLS : Gymnastics, Nundhucks, Silambattam

Work Experience from 26Years

Worked as a Yoga & Taekwondo Instructor in Hindustan University from 2007 to Till Date

Taekwondo Instructor YMCA in 2002 to 2010

Taekwondo Instructor Nungambakkam Taelwondo Club Till date