

# Professional Resume

## **DR.S.MUKESH KUMAR**



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### Career Objective :

Ability to work in team or individually interested in taking challenging tasks. To get into career of which I could use my practical and conceptual skills for the growth of the School & College.

### Technical Qualifications :

Diploma in Yoga - Annamalai University

Doctor of martial arts-Global Human Peace University (2023)

1<sup>st</sup> - Degree Black Belt in GTF Taekwondo Canada (2002)

1<sup>st</sup> - Degree Black Belt in ITF Taekwondo Spain (2010)

2<sup>nd</sup> - Degree Black Belt in ITF Taekwondo Spain (2013)

1<sup>st</sup> - Degree Black Belt in WTF Taekwondo Kukkiwon Korea (2016)

3<sup>rd</sup> - Degree Black Belt in ITF Taekwondo Spain (2017)

4<sup>th</sup>-Degree black belt in ITF Taekwondo Spain (2022)

IIC- International Instructor Course (2013)

IIS - International Instructor Seminar (2014)

IIS - International Instructor Seminar (2015)

IIS - International Instructor Seminar (2017)

IIC- International Instructor course (2021)

Licensed International Instructor - Certified by ITF Spain

General Secretary of Tamil Nadu ( ITF - TAT)

InterNational Referee

Gold Medal - 3rd Asia International Referee  
(World of Famous Kicks 360, 540 &720)

## **ACHIEVEMENTS**

Master of Gold Medal - International Yoga Sport Championship @ Pondicherry

Silver Medal - International Yoga Sport Championship @ Pondicherry

Bronze Medal - International Yoga Sport championship @ Pondicherry

Gold Medal - Tamil Nadu State Yogasana @ Chennai

Gold Medal - 27th State Level Yogasana Competition

Gold Medal - 5th Tamil Nadu State Level Yogasana Championship

Bronze Medal - 29th All India Yoga Championship

Silver Medal - 4th Tamil Nadu State Level Yogasana Championship

108 Rounds of Surya Namaskar @ THE ART OF LIVING Chennai

Gold Medal - 13th National Taekwondo Championship Gujarat

Silver Medal - 14th National Taekwondo Championship Chennai

Gold Medal - 16th National West Bengal Siliguri

13th National Itf taekwondo championship Gujarat -2013 - Gold medal 🏆

7th Tamilnadu State championship -1999 Nagapattinam - Bronze medal

World martial championship -2020 - Gold medal 🏆

1st National taekwondo online championship -2021- Silver medals 🏆

3rd open Asian championship Talkatora stadium- Good medal Umpire

**OTHER SKILLS** : Gymnastics, Nundhucks, Silambattam

## **Work Experience from 18 Years**

Worked as a Yoga & Taekwondo Instructor in Hindustan University from 2007  
to Till Date

Taekwondo Instructor YMCA in 2002 to 2010

Taekwondo Instructor Nungambakkam Taelwondo Club Till date

Taekwondo Instructor in Mount Litera Zee School in Chennai

Taekwondo Instructor in Hirandani Upscale, Siruseri in Chennai

Taekwondo Instructor Maharishi Vidya mandir Chennai

Taekwondo Instructor Jain Public School in Chennai

Taekwondo Instructor Babaji Vidhyashram School

## **OUR TRAINING**

Personal Training | Corporate Training | Short term Training | College & School

## **PERSONAL DETAILS**

Father's Name	:	Shri. Sajiwan Goswami.
Date of birth	:	10.07.1982
Gender	:	Male
Religion	:	Hindu
Nationality	:	Indian
Martial status	:	Married
Languages known	:	Tamil, English, Hindi & Koria

### **Declaration :**

I hereby declare that the details provided above are true to the best of my knowledge and belief.

Place: Chennai

Date:

Your's faithfully

**(Dr.S.MUKESH KUMAR)**

IV Dan Black Belt (ITF)  
International Taekwon -Do Federation  
International Taekwondo Instructor & Examiner  
Certificate NO-601215